

PLANNING FOR SUCCESS AS A DEMENTIA CAREGIVER

TOP 3 CHALLENGING DEMENTIA BEHAVIORS

1. Refusals
2. False Beliefs
3. Losing Language/Abilities

WHAT TO SAY AND DO

1. Ask simple questions (1-2) to get WHY they are refusing.
2. See if you can set up the environment for success.
3. Use less/simple words & demonstrate w/ your hands & body.
4. Give them 10-30 minutes and try again if nothing works.

SUPPORT CAREGIVERS NEED

1. Financial (elder attorney, medicaid planning)
2. Emotional support (therapist, family, friends, other caregivers)
3. Ongoing caregiver education on behaviors
4. Logistical support (insurance, healthcare providers, etc.)
5. Have a plan for long term care (even as a backup plan) - and if you'd like our ongoing support with all of this, join our community here:

<https://dementiasuccesspath.com/dementia-caregiving-made-easy>